



SAILING INSTRUCTIONS



Flying Scot® Midwinter Championship

March 28th-30th, 2025

Hosted by Fort Walton Yacht Club

180 Ferry Rd NE
Fort Walton Beach, FL 32548

Organizing Authorities: Flying Scot® Sailing Association (FSSA) and FWYC

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The Technical Committee is the Measurement Committee appointed by FSSA.
- 1.3 The notation in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1. The notation [DP] in a rule means that the penalty for breach of a rule may, at the discretion of the protest committee, be less than disqualification.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the FWYC back patio.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the Sailing Instructions (SI's) will be posted before 0900 on the day they will take effect, except that any change in the racing schedule will be posted before 1800 the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the yardarm on the FWYC back lawn
- 4.2 When Flag AP is displayed ashore, "one minute" is replaced with "not less than 60 minutes" in the Race Signal AP. This changes "Race Signals".

5. SCHEDULE OF RACES

- 5.1 A competitors' meeting will be held at 10:00 on Friday March 28 at the Clubhouse
- 5.2 Races are scheduled as follows:
 - Friday Mar 28: First warning signal at 12:00; additional races to follow
 - Saturday Mar 29: First warning signal at 12:00; additional races to follow
 - Sunday Mar 30: First warning signal at 11:00; additional races to follow
- 5.3 No warning signal will be made after 14:00 on Sunday.
- 5.4 Flag A displayed, with no sound, while boats are finishing means "No more racing today."

6. CLASS FLAGS

- 6.1 Class flags will be:
 - 6.1.1 Championship Division – White flag with a blue FS insignia.
 - 6.1.2 Challenger Division – Red flag with a white FS insignia.

- 6.1.3 Challenger Division boats shall display the colored streamer provided at on-site check-in/registration, which shall be flown from the leech of the mainsail at least 12 inches and not more than 36 inches above the clew.

7. RADIO COMMUNICATION

- 7.1 The Race Committee (RC) will use VHF Channel 72 to communicate with competitors.
- 7.2 [DP][NP] Competitors are only to contact the RC on the water in the event of emergencies, safety issues, to retire from a race or report a protest or penalty taken.

8. RACING AREA

- 8.1 The race area will be Choctawhatchee Bay

9. THE COURSES

- 9.1 The courses to be sailed are W or L as described in RRS Appendix A.
- 9.2 The course designation will be displayed on the RC Signal Vessel.

10. MARKS

- 10.1 The starting marks will be red/orange ball.
- 10.2 The windward mark will be orange tetrahedron inflatable. The leeward marks will be green tetrahedron inflatables.
- 10.3 The offset mark will be red/orange ball.
- 10.4 The finishing mark will be red/orange ball.
- 10.5 Change marks will be a yellow tetrahedron inflatable. If the course is changed again, the original marks will be used.

11. SAFETY CHECK-IN

- 11.1 [DP][NP] When the RC signal vessel displays Code Flag L prior to the first warning signal each day, competitors shall sail past the stern of the signal boat on starboard tack and hail their sail number until acknowledged by the RC. Each time a boat breaks this sailing instruction; it shall be posted on the Official Notice Board. The second time, and every time thereafter that a boat breaks this sailing instruction, the penalty shall be applied to the first race of the day on which the infraction occurred and shall be: 1) the Scoring Penalty calculated as stated in rule 44.3(c) or 2) another penalty.

12. THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the RC signal vessel at the starboard end, and the course side of the starting mark on the port end.
- 12.2 As a courtesy, the warning signal for both Divisions may be preceded by a VHF announcement to alert competitors that a starting sequence is about to begin.
- 12.3 [DP] During any starting sequence, boats whose warning signal has not been made shall keep clear of the starting area.
- 12.4 As a courtesy, the RC may, after the starting signal, hail the sail and/or bow numbers of OCS boats via VHF Radio. The delay of such hails, the order of hailing, the failure of the RC to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 61.4(b)(1).
- 12.5 A boat that does not start within 4 minutes after her division's starting signal will be scored DNS without a hearing. This changes A5.1.

13. CHANGED OR SHORTENED COURSE

- 13.1 If a changed or shortened course affects only one Division, the RC will display the class flag for the Division affected along with flag "C" or flag "S". If no class flag is displayed, flag "C" or flag "S" applies to both Divisions.
- 13.2 No course shall be shortened to fewer than three legs, two of which shall be to windward, and the second windward leg shall be at least as long as the first. The leg of the course from the windward mark to the offset mark will not count as a leg of the course for this rule.

14. THE FINISH

- 14.1 The finish will be between a staff displaying a blue flag on an RC vessel and the course side of the finishing mark.
- 14.2 Boats that retire before finishing should inform the RC as soon as possible and may do so by VHF radio.

15. PENALTY SYSTEM

- 15.1 US Sailing Prescriptions Appendix V Alternative Penalties will be in effect.

16. TIME LIMITS

- 16.1 The following time limits apply to each race:
 - 16.1.1 The time limit for the first boat to pass the first mark will be 25 minutes, and for the first boat to sail the course and finish will be 100 minutes.
 - 16.1.2 If either of these limits is not met, the race shall be abandoned.
 - 16.1.3 Boats failing to finish within 30 minutes of the first boat to sail the course and finish in each Division will be scored Time Limit Expired (TLE) as described in the SCORING section below. This changes RRS 35 and A10.

17. HEARING REQUESTS

- 17.1 Protests: Hearing forms will be available from the Official Notice Board, and shall be filed within 60 minutes of the RC signal vessel docking time, which will be posted on the official notice board. The order of protests will be posted within 15 minutes of the end of the protest time. Protests will be held in the Commodore room approximately in the order received.
- 17.2 Redress Requests: If the RC posts a list of boats scored OCS, NSC, ZFP, UFD, or BFD on the official notice board, a hearing request shall be made no later than 30 minutes after posting or the protest time limit, whichever is later. This changes RRS 61.2(b).
- 17.3 On the last day of racing, a request to reopen a hearing based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 61.2(b).

18. SCORING

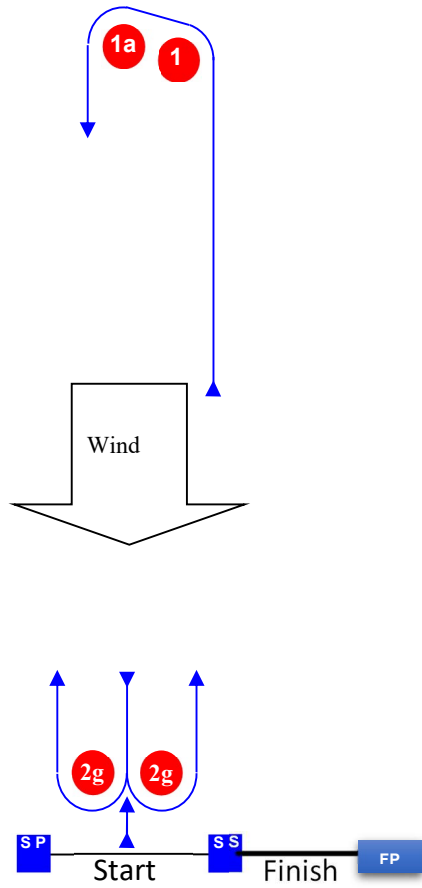
- 18.1 The Low Point System of Appendix A of the RRS will apply with the following modifications:
 - 18.1.1 Three races must be completed for a Division to constitute a Championship for that Division.
 - 18.1.2 Each boat's score shall be the total of her race scores, and no score shall be excluded.
 - 18.1.3 A boat scored DNC, DNS, OCS, UFD, BFD, NSC, DNF, RET, DSQ or DNE shall be scored points for the finishing place one more than the number of boats assigned to its Division. This changes RRS A5.2.
 - 18.1.4 A boat scored TLE will be awarded points two greater than the last boat assigned to its Division to sail the course and finish within the 30 minute time window. This changes RRS 35, A4, A5.1 and A5.2.

19. SUPPORT BOATS

- 19.1 A competitor shall not use support or spectator personnel or their equipment, including tow vessels, while away from the dock unless they have been pre-approved by the Protest Committee, RC, or made available to all competitors by an Organizing Authority.

Appendix A – Course Diagrams

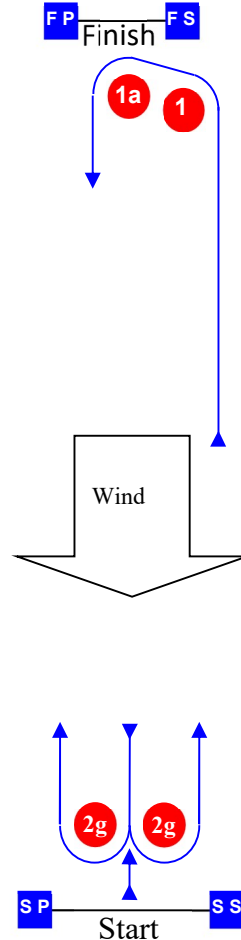
L



Course: Leeward finish

Signal	Mark Rounding Order
L4	Start – 1 – 1a – 2g – 1 – 1a – Finish
L6	Start – 1 – 1a – 2g – 1 – 1a – 2g – 1 – 1a – Finish

W



Course: Windward Finish

Signal	Mark Rounding Order
W3	Start – 1 – 1a – 2g – Finish
W5	Start – 1 – 1a – 2g – 1 – 1a – 2g – Finish