


<p><b>CHESSS Solo Cup</b> <b>Sailing Instructions</b></p>	
<p>Chesapeake Short-handed Sailing Society Saturday, May 30, 2026</p>	<p>Sanction #26-308 Ver: 20260526</p>

<b>Entry Due:</b>	Noon, Friday May 29, 2026; Non-Refundable Entry Fee: <b>\$25.</b>
<b>Registration:</b>	Submit entry electronically via electronic registration at: <a href="https://nextsailor.com/regatta/1220">https://nextsailor.com/regatta/1220</a>
<b>Contact:</b>	Douglas Ellmore via email <a href="mailto:revolution4515@gmail.com">revolution4515@gmail.com</a> or 301-807-2193 or <a href="mailto:info@chbayssss.org">info@chbayssss.org</a> .
<b>Rules:</b>	The race will be governed by the rules as defined in the US Sailing Racing Rules of Sailing (RRS), the CBYRA Green Book General Sailing Instructions (GSIs), the CHESSS Class Racing Rules (CHESSS entries), the Chesapeake Multihull Association Rules (CMA entries), and as amended by the Sailing Instructions.
<b>Amendments to RRS:</b>	<p>Boats may communicate with each other via VHF radio VHF 68. Conversation shall be limited to safety advice and welfare checks. This modifies RRS 41.</p> <p>The rudder may be adjusted and operated by an autopilot/windvane using power that is not provided by the crew. This modifies RRS 52.</p>

<b>Eligibility:</b>	<p>This race is open to boats sailed by one individual only. One additional occupant may be onboard but only as an observer and may not participate in the sailing/racing of the boat during the race, including navigation, tactical advice, checking Sailing Instructions, etc.</p> <p>Boats sailing in the CHESSS non-spin and spinnaker classes shall have a current PHRF of the Chesapeake rating certificate. If multihull sailboats choose to compete, the Chesapeake Multihull Association (CMA) ratings will be used for scoring.</p> <p>Note: Only CHESSS spinnaker and non-spinnaker races may be eligible for end of year CBYRA High Points for CHESSS Divisions. To add either category, please contact Douglas Ellmore (contact info above).</p> <p>** These Eligibility requirements supersede the CHESSS Class Rules which are posted online at: <a href="http://www.chesss.clubexpress.com">www.chesss.clubexpress.com</a>; Documents/Club Business/Class Rules/Racing Rules Current. See Sailing Instructions for further details.</p>
<b>Rendezvous:</b>	<p>There is no skipper's meeting. Rendezvous will be at approximately 10:30 am in the vicinity of West River Green "1" (CBYRA Mark Z). The Race Committee will display Code Flag Lima.</p>
<b>Check in:</b>	<p>Upon reaching the starting area and prior to the race, boats shall check in with the Race Committee signal boat by coming close and hailing. Minimize radio usage for check in. Boats failing to check in may not be scored.</p>
<b>Radio:</b>	<p>Boats should monitor VHF 68 for courtesy communications from the Race Committee and VHF 16 during the race. Additionally, VHF 13 for shipping traffic as needed. Starting signals will be made verbally via VHF 68 instead of using flag signals.</p>
<b>Start Line:</b>	<p>A pin will be dropped ~1.5+ times the total boat lengths of participants northerly of G1 approximately perpendicular to the first mark. Participants will start with G1 on starboard and the dropped mark to port. Please give space to improve safety at the start.</p>

<p><b>Signals:</b></p>	<p>RRS 26 (Starting Races) for the first race:  <u>Signal:</u>  Warning: 1055  Preparatory: 1056  One-minute: 1059  Start: 1100</p> <p>The start signal will also be the warning signal for the following class. Starting order will be announced by 1900 Friday, May 29, 2026.</p> <p><a href="https://www.nextsailor.com/app/page/regatta/1220">https://www.nextsailor.com/app/page/regatta/1220</a></p> <p>Starting signals will be made verbally via VHF 68 by the Race Committee representative.</p>
<p><b>Recalls:</b></p>	<p><u>Individual recall:</u> Individual recalls will be announced verbally via VHF 68 by the Race Committee Representative. The Race Committee may call sail numbers or names of boats recorded OCS via hail over VHF 68. Failure to receive the hail or transmission will not relieve a boat of the responsibility of starting properly, and is not grounds for redress. This modifies RRS62.1(a).</p> <p><u>General recall:</u> A General Recall will be announced verbally via VHF 68. The warning signal for a new start of the recalled class shall be made approximately one minute after an announcement via VHF, and the starts for any succeeding class shall follow the new start. The Race Committee will make its best effort to notify boats of the General Recall. Failure to observe the General Recall signal will not be grounds for redress. This modifies RRS 62.1(a). General recalls will start after the last class start in order if more than one class had a General Recall.</p>

<p><b>Class Flags:</b></p>	<p>The following class flags shall be displayed on the backstay of each participating boat:</p> <ul style="list-style-type: none"> <li>• CHESSS single handed spinnaker: 3rd repeater</li> <li>• CHESSS single handed non-spinnaker: 3rd repeater with white square flag beneath</li> <li>• CMA single handed multihull: "W" flag</li> <li>• Any additional single handed one design classes will display their class flag.</li> </ul> <p>Note: CHESSS club burgees may be substituted for 3<sup>rd</sup> repeater</p>
<p><b>Courses:</b></p>	<p>There will be two possible courses starting from the vicinity of West River Green 1 (CBYRA Mark Z). The long course will be approximately 17 nm while the short course will be approximately 13 nm.</p>
<p><b>Long Course:</b></p>	<p>Start by sailing between the orange pin mark and West River G "1" (CBYRA mark Z).</p> <p>Round Chesapeake Main Channel Buoy R "86" to Starboard,  Round Bloody Point Bar Warning Light to Port,  Round Eastern Bay Buoy G "1E" to Port,  Round Eastern Bay Buoy R "2A" to Port,  Round Eastern Bay Buoy G "1E" to Starboard,  Round Bloody Point Bar Warning Light to Starboard,  Round Chesapeake Main Channel Buoy R "86" to Port,  Finish at West River G "1"</p> <p>Approximate distance is 17 nmi.</p>
<p><b>Short Course:</b></p>	<p>If conditions warrant, a shorter course may be sailed. In such case the RC representative will announce this verbally via VHF 68 prior to the warning signal for the first start.</p> <p>Start by sailing between the orange pin mark and West River G "1" (CBYRA mark Z).</p> <p>Round Chesapeake Main Channel Buoy R "86" to Starboard,  Round Bloody Point Bar Warning Light to Port,  Round Eastern Bay Buoy G "1E" to Port,  Round Eastern Bay Buoy R "2" to Port,  Round Eastern Bay Buoy G "1E" to Starboard,  Round Bloody Point Bar Warning Light to Starboard,  Round Chesapeake Main Channel Buoy R "86" to Port,  Finish at West River G "1"</p> <p>Approximate distance is 13 nmi.</p>

<p><b>Finish:</b></p>	<p>The finish line will use the same marks used for the start.</p> <p>Finish with the orange mark to starboard and West River G “1” to port.</p> <p>Participants shall record their finish time of day EDT when they pass over the line from their position at their helm. The finish time of day should be obtained using cell phone or gps time and then be noted over the radio within 30 min of finishing AND ALSO then either sent to revolution4515@gmail.com via email or text at 301-807-2193. Include boat name and finish time of day EDT within 1 hr of finishing.</p>
<p><b>Time Qualifications:</b></p>	<p>In order for the race to qualify, the lead boat in each class must finish within six hours of the class start. Boats finishing after 8PM EDT shall be scored TLE.</p> <p>Boats retiring from the race after starting should notify the Race Committee via VHF 68 and text the CHESSS Commodore Douglas Ellmore at 301-807-2193 with name of boat and name of skipper.</p>
<p><b>Scoring:</b></p>	<p>CHESSS classes scoring is Time-on-Time (ToT) using PHRF Circular Random (CR) ratings and the following formulae:  Corrected time = (elapsed time) x (time correction factor, TCF)  TCF = 650 / (550 + PHRF CR rating)</p> <p>If a multihull class is included, its scoring will be determined by the CMA rating system.</p> <p>A one design division will be scored by order of finish.</p>

<p><b>Protests:</b></p>	<p>Any boat intending to file a protest shall inform the Race Committee before departing the race area. Protests must be submitted in writing (US Sailing standard protest form or equivalent).</p> <p>The protest must be emailed to revolution4515@gmail.com by 9pm EDT May 30, 2026. Protest hearings will be scheduled on or after May 31st at a location to be announced.</p>
<p><b>Awards:</b></p>	<p>Keeping in line with the \$25 Race Fee, awards will be of the will be presented the next scheduled Membership Meeting or at a future social event to be announced.</p>
<p><b>Other:</b></p>	<p>By participation or entry into the race each boat owner/skipper agrees to abide by the RRS and the CHESSS Sailing Instructions for the race. In consideration of being permitted to enter the race, being knowledgeable of the risks of competition sailing, and knowing that it is their sole responsibility to decide whether to enter and continue the race, each boat owner/skipper voluntarily assumes the risks of participation in the race and releases CHESSS and the people conducting the race from all liability in connection with any injury or damage that may occur.</p>
<p><b>Social:</b></p>	<p>Competitors are invited to raft up the evening of Saturday, May 30, 2026 in the Rhode River to the west of High Island. The hailing frequency will be VHF Channel 68. The Race Committee can help skippers of boats without overnight accommodations to find another boat on which to spend the night.</p>

2026 Solo Cup Race  
To Eastern Bay and Back

