

<p>CHESSS Poplar Island Race</p> <p>Sailing Instructions</p> <p>Revised 4/26/2026</p>	
<p>Chesapeake Short-handed Sailing Society</p> <p>Sunday, April 26, 2026</p>	<p>Sanction #26-307</p> <p>Ver: 20260425</p>

Entry Due:	Noon, Thursday April 23, 2026; Non-Refundable Entry Fee: \$50.
Registration:	<p>Submit entry electronically via electronic registration on:</p> <p>https://nextsailor.com/regatta/1219</p>
Contact:	<p>Douglas Ellmore via email revolution4515@gmail.com or 301-807-2193 or info@chbayssss.org.</p>
Rules:	<p>The race will be governed by the rules as defined in the US Sailing Racing Rules of Sailing (RRS), the CBYRA Green Book General Sailing Instructions (GSIs), the CHESSS Class Racing Rules (CHESSS entries), the Chesapeake Multihull Association Rules (CMA entries), as amended by the Sailing Instructions.</p>
Amendments to RRS:	<p>Boats may communicate with each other via VHF radio VHF 68. Conversation shall be limited to safety advice and welfare checks. This modifies RRS 41.</p> <p>The rudder may be adjusted and operated by an autopilot/windvane using power that is not provided by the crew. This modifies RRS 52.</p>

Eligibility:	<p>The race is open to boats crewed by one or two individuals. Boats sailing in any of the CHESSS non-spin and spinnaker classes shall have a current PHRF of the Chesapeake rating certificate. If a multihull start and class is included, the Chesapeake Multihull Association (CMA) ratings will be used for scoring.</p> <p>Additional classes will be added if there are 3 or more boats expressing interest in entering. Those would include:</p> <ol style="list-style-type: none"> 1) A shorthanded multihull start with class scored under the Chesapeake Multihull Association (CMA) ratings. 2) Short-handed One Design classes. <p>Note: Only CHESSS spinnaker and non-spinnaker races may be eligible for end of year CBYRA High Points for CHESSS Divisions. To add either category, please contact Douglas Ellmore via email revolution4515@gmail.com or 301-807-2193 or info@chbayssss.org</p>
Rendezvous:	<p>There is no skipper's meeting. Rendezvous will be at approximately 1000' in the vicinity of West River Green 1 (CBYRA mark Z). The Race Committee will display Code Flag Lima.</p>
Check in:	<p>Upon reaching the starting area and prior to the race, boats shall check in with the Race Committee signal boat by coming close and hailing. Minimize radio usage for check in. Boats failing to check in may not be scored.</p>
Radio:	<p>Boats should monitor VHF 68 for courtesy communications from the Race Committee and VHF 16 during the race. Additionally, VHF 13 for shipping traffic as needed. Starting signals may be made verbally via VHF 68 instead of or in addition to flag signals at the discretion of the Race Committee.</p>
Start:	<p>Between orange flag on the Race Committee signal boat and West River Green 1, sailing in a North to South direction.</p>

<p>Signals:</p>	<p>RRS 26 (Starting Races) for the first race: Signal: Warning: 1055 Preparatory: 1056 One-minute: 1059 Start: 1100</p> <p>The start signal will also be the warning signal for the following classes:</p> <ol style="list-style-type: none"> 1) Multihull 2) Non-Spin 3) Spin, if a class is competing <p>https://www.nextsailor.com/app/page/regatta/1219</p> <p>Starting signals may be made verbally via VHF 68 instead of or in addition to flag signals at the discretion of the Race Committee.</p>
<p>Recalls:</p>	<p><u>Individual recall:</u> The Race Committee may call sail numbers or names of boats recorded OCS via hail of VHF 68. Failure to receive the hail or transmission will not relieve a boat of the responsibility of starting properly, and is not grounds for redress. This modifies RRS62.1(a).</p> <p><u>General recall:</u> Following a General Recall the warning signal for a new start of the recalled class shall be made one minute after the “First Substitute” Code Flag is lowered with one (1) sound of the horn, and the starts for any succeeding class shall follow the new start. The Race Committee will make its best effort to notify boats of the General Recall. Failure to observe the General Recall signal will not be grounds for redress. This modifies RRS 62.1(a). General recalls will start after the last class start in order if more than one class had a General Recall.</p> <p>The note in previous paragraph regarding Signals via VHF applies for Recalls.</p>

<p>Class Flags:</p>	<p>The following class flags shall be displayed on the backstay of each participating boat:</p> <ul style="list-style-type: none"> • CHESSE single/double handed spinnaker: 3rd repeater • CHESSE single/double handed non-spinnaker: 3rd repeater with white square flag beneath • CMA single/double handed multihull: "W" flag • Any additional short-handed one design classes will display their class flag. <p>Note: CHESSE club burgees may be substituted for 3rd repeater</p>
<p>Courses:</p>	<p>There will be two possible courses starting from the vicinity of West River Green 1 (CBYRA Mark Z). The long course will be approximately 15.1 nm while the short course will be approximately 10.0 nm. Each course may be sailed clockwise or counterclockwise.</p>
<p>Long Course:</p>	<p>Start by sailing between the RC signal boat and West River Green 1 (CBYRA mark Z) in a North to South direction. After crossing the starting line boats may elect to complete the course in a clockwise or counter-clockwise direction.</p> <p>Boats electing to go counterclockwise shall round Green Can 83A to port, round Red Bell 84A (CBYRA mark Q) to port, and finish at West River Green 1 (CBYRA mark Z).</p> <p>Boats electing to go clockwise shall round Red Bell 84A (CBYRA mark Q) to starboard, round Green Can 83A to starboard, and finish at West River Green 1 (CBYRA mark Z).</p> <p>Approximate distance is 15.1 nmi.</p>

<p>Short Course:</p>	<p>If conditions warrant, a shorter course may be sailed. In such case the RC signal boat will fly the “S” flag prior to the warning signal for the first start.</p> <p>Boats electing to go counterclockwise shall round Green Can 85A to port, round Red Bell 84A (CBYRA mark Q) to port, and finish at West River Green 1 (CBYRA mark Z).</p> <p>Boats electing to go clockwise shall round Red Bell 84A (CBYRA mark Q) to starboard, round Green Can 85A to starboard, and finish at West River Green 1 (CBYRA mark Z).</p> <p>Approximate distance is 10.0 nmi.</p>
<p>Finish:</p>	<p>Between orange flag on the Race Committee signal boat and West River Green 1 (CBYRA mark Z) sailing in a South to North direction.</p>
<p>Time Qualifications:</p>	<p>In order for the race to qualify, the lead boat in each class must finish within six hours of the class start. The Race Committee will stay on station until at least 90 minutes after the last class qualifies. Boats finishing more than 90 minutes after their class qualifies shall email their finish time passing West River G1 astern to revolution4515@gmail.com or text the CHESSS Commodore Douglas Ellmore at 301-807-2193 with name of boat and name of skipper. Boats finishing after 8PM EDT shall be scored TLE.</p> <p>Boats retiring from the race after starting should notify the Race Committee via VHF 68 and text the CHESSS Commodore Douglas Ellmore at 301-807-2193 with name of boat and name of skipper.</p>
<p>Scoring:</p>	<p>CHESSS classes scoring is Time-on-Time (ToT) using PHRF Circular Random (CR) ratings and the following formulae: Corrected time = (elapsed time) x (time correction factor, TCF) TCF = 650 / (550 + PHRF CR rating)</p> <p>If a multihull class is included, its scoring will be determined by the CMA rating system.</p> <p>A one design division will be scored by order of finish.</p>

Protests:	Any boat intending to file a protest shall inform the Race Committee before departing the race area. Protests must be submitted in writing (CBYRA standard protest form or equivalent). The protest must be emailed to info@chbaysss.org by 9pm EDT April 26, 2026. Protest hearings will be scheduled on or after April 27th at a location to be announced.
Awards:	1 st for 3 Starters, 1st and 2 nd for 5 Starters, 1st, 2nd, and 3 rd for 7 or more starters. Awards will be presented at a fall CHESSESS Membership Meeting or at a future social event.
Other:	By participation or entry into the race each boat owner/skipper agrees to abide by the RRS and the CHESSESS Sailing Instructions for the race. In consideration of being permitted to enter the race, being knowledgeable of the risks of competition sailing, and knowing that it is their sole responsibility to decide whether to enter and continue the race, each boat owner/skipper voluntarily assumes the risks of participation in the race and releases CHESSESS and the people conducting the race from all liability in connection with any injury or damage that may occur.
Social:	Competitors are invited to raft up the evening before the race Saturday, April 25 in the Rhode River to the west of High Island. The hailing frequency will be VHF Channel 68.